

3 IN 30



superior
healthplan™

A Comprehensive Approach to Better Care for Children

What is 3 in 30?

Children entering Department of Family and Protective Services (DFPS) care have significant health care needs. Child and Protective Services (CPS) has a new program called 3 in 30. This initiative helps caregivers and DFPS caseworkers get kids the care they need faster. 3 in 30 is made up of the 3-Day Initial Medical Exam, Texas CANS 2.0 Assessment and Texas Health Steps, also known as Early and Periodic Screening Diagnosis and Treatment, Medical Checkup.



1

3-Day Initial Medical Exam

In 3 business days, children entering DFPS care must see a doctor to be checked for injuries or illnesses and get any treatments they need.



2

Texas CANS 2.0 Assessment

In 30 days, children (3 or older) must get a Texas CANS 2.0 Assessment. The Texas CANS 2.0 Assessment is a comprehensive trauma-informed behavioral health evaluation. It gathers information about the strengths and needs of the child and helps in planning services that will help the child and family reach their goals.



3

Texas Health Steps Medical Check-Up

In 30 days, children must see a Texas Health Steps doctor for a complete check-up with lab work. This makes sure:

- » Medical issues are addressed early.
- » Kids are growing and developing as expected.
- » Caregivers know how to support strong growth and development.



How do I schedule these required appointments?

Call your child's doctor today and ask for a 3-Day Initial Medical Exam, Texas CANS 2.0 Assessment and Texas Health Steps Medical Checkup for each child.

The Texas CANS 2.0 Assessment must be with a behavioral health doctor. The Texas Health Steps Medical Checkup must be with a Texas Health Steps doctor. You can also call Superior Member Services at 1-866-912-6283 to get help finding a doctor.



Need help?

You can call us toll-free, Monday to Friday, 8 a.m. to 5 p.m., at 1-866-912-6283 if you:

- Need help finding a doctor for your child's exam, assessment or checkup.
- Need help setting up an exam, assessment or checkup.
- Have questions about 3 in 30.



Need a ride?

Call Member Services at 1-866-912-6283 for more information and to see if you are eligible. You can call Monday to Friday, 8 a.m. to 5 p.m.

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