

## AUSTIN

### Out Youth

[www.outyouth.org](http://www.outyouth.org) | 1-512-419-1233

909 East 49 ½ Street, Austin, TX 78751

A fun and safe place for all LGBTQ and ally youth ages 12-23. This includes a community center, education and leadership programs, counseling services and free HIV testing.

### Austin Latino Lesbian and Gay Organization

[www.allgo.org](http://www.allgo.org) | 1-512-472-2001

701 Tillery Street, Austin, TX 78701

Cultural arts, wellness and social justice programming.

### PFLAG Austin

[www.pflagaustin.org](http://www.pflagaustin.org) | 1-512-302-3524

Support group meetings for LGBTQ people, family and friends in the Austin area.

## LUBBOCK

### PFLAG Lubbock

[www.pflaglubbock.org](http://www.pflaglubbock.org) | 1-806-795-4502

Support group meetings for LGBTQ people, family and friends in the Lubbock area.

### OUTwest Lubbock

[www.outwestlubbock.org](http://www.outwestlubbock.org)

[contact@outwestlubbock.org](mailto:contact@outwestlubbock.org)

Virtual community center as well as education and resources for individuals, organizations and communities.

### Lubbock Pride

<https://www.lubbockpride.org/>

Civic, cultural and educational events to support Lubbock's LGBTQ community.

## OTHER RESOURCES

### Texas Gay-Straight Alliance (GSA)

[www.texasgsa.org](http://www.texasgsa.org) | 1-512-419-1233 ext. 1103

Statewide program that unites school-based GSA student clubs with peer support, leadership development and training. Resources are available in the Austin, Dallas, El Paso, Houston and San Antonio areas.

### The Trevor Project

[www.thetrevorproject.org](http://www.thetrevorproject.org) | 1-866-488-7386

A judgment-free resource for LGBTQ youth to talk to trained specialists 24 hours a day, 7 days a week through phone, chat or text.

### CyberTipLine

[www.CyberTipLine.com](http://www.CyberTipLine.com) | 1-800-THE-LOST

Helps teens with specific problems or concerns. Parent approval not needed for reporting.

### Crisis Text Line

Text "START" to 74141.

Support and information about any type of crisis is available 24/7. This service is at no cost to you.

### Centers for Disease Control Prevention Lesbian, Gay, Bisexual, Transgender Health

[www.cdc.gov/lgbthealth](http://www.cdc.gov/lgbthealth)

1-800-232-4636

### National Suicide Prevention Lifeline

1-800-273-8255

### National Domestic Violence Hotline

1-800-799-7233

### Superior Member Services

1-866-912-6283



Superior HealthPlan  
5900 E. Ben White Blvd.  
Austin, TX 78741

1-866-912-6283

[www.FosterCareTX.com](http://www.FosterCareTX.com)

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# LGBTQ Resource Guide



Superior wants to help all foster care youth get the support they need. There are many resources available for those who identify as Lesbian, Gay, Bisexual, Transgender or Questioning (LGBTQ). This guide contains information for youth in Austin, Dallas, El Paso, Houston, Lubbock and San Antonio.

[www.FosterCareTX.com](http://www.FosterCareTX.com)

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## EL PASO

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### **Pride Center**

**1-915-533-4200**

820 Montana Ave., El Paso, TX 79902

Individual counseling, education and leadership programs, free HIV testing, food, clothing and housing assistance, transgender clinic and the buddy system.

### **LAMBDA GLBT Community Center**

[www.qrd.org/qrd/www/orgs/avproject/](http://www.qrd.org/qrd/www/orgs/avproject/) | **1-915-562-GAYS**

216 S. Ochoa, El Paso, TX 79902

Youth OUTreach program provides information for LGBT/straight/questioning teens and their parent, families and friends.

### **The Children and Adolescent Gender Clinic – Texas Tech Health Sciences Center**

**1-915-215-5700**

Support for patients with Gender Identity Dysphoria (GID).

### **PFLAG El Paso**

[www.pflagelpaso.org](http://www.pflagelpaso.org) | **1-915-209-2667**

Support group meetings for LGBTQ people, family and friends in the El Paso area.

## HOUSTON

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### **Hatch Youth**

[www.hatchyouth.org](http://www.hatchyouth.org) | **1-713-529-3590**

Montrose Center

401 Branard St. #2, Houston, TX 77006

Support groups, safe zones, radio show and other programs for youth ages 7 - 12 in the Houston area.

### **The Association for Family and Community Integrity, Inc.**

[www.globthomeless.org](http://www.globthomeless.org) | **1-713-529-3211**

Programs to help lesbian, gay, bisexual and transgender (LGBT) youth and their families prevent homelessness and family separation through comprehensive education, advocacy and support.

### **Legacy Community Health**

[www.legacycommunityhealth.org/Services/LGBTServices.aspx](http://www.legacycommunityhealth.org/Services/LGBTServices.aspx) | **1-832-548-5221**

Health care for LGBTQ patients in a safe, judgment-free environment.

### **Homeless Gay Kids Houston (HGK-H)**

[www.homelessgaykidshouston.org](http://www.homelessgaykidshouston.org)

Basic survival and life skills information for homeless LGBT teens in Houston.

### **PFLAG Houston**

[www.pflaghouston.org](http://www.pflaghouston.org) | **1-713-467-3524**

Support group meetings for LGBTQ people, family and friends in the Houston area.

## DALLAS

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### **Trans-Pride Initiative**

[www.tpride.org](http://www.tpride.org) | **1-214-449-1439**

Online resource for sexual health and empowerment.

### **Resource Center Youth First**

[www.myresourcecenter.org/youth](http://www.myresourcecenter.org/youth) | **1-214-540-4471**

5750 Cedar Springs Rd., Dallas, TX 75235

Gender Identity Night, a support group for transgender youth, open mic nights, anime and art club, family-style meals, homework help and GED support and parent support groups.

### **Dallas Trans-Cendence**

[www.transcendint.org/dallas-chapter](http://www.transcendint.org/dallas-chapter) | **1-469-607-9348**

6707 Royal Ln., Dallas, TX 75230

A support group for transgender people, family, friends and allies.

### **PFLAG Dallas**

[www.pflag.org/chapter/pflag-dallas](http://www.pflag.org/chapter/pflag-dallas) | **1-972-849-0383**

Support group meetings for LGBTQ people, family and friends in the Dallas area.

## SAN ANTONIO

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### **Pride Center San Antonio**

[www.pridecentersa.org](http://www.pridecentersa.org) | **1-210-370-7743**

1303 McCullough Ave., Ste. 160, San Antonio, TX 78212

Support groups for parents, safe zones, peace officer training and resources for the LGBTQ community.

### **San Antonio Gender Association (SAGA)**

[www.sagender.net](http://www.sagender.net)

Support groups for youth, family and friends.

### **Fiesta Youth**

[www.fiesta-youth.org](http://www.fiesta-youth.org) | **1-210-303-0550**

702 Donaldson Ave., Ste. 205A, San Antonio, TX 78201

Peer support and education for youth ages 12 through 18.

### **PFLAG San Antonio**

[www.pflagsanantonio.org](http://www.pflagsanantonio.org) | **1-210-848-7407**

Support group meetings for LGBTQ people, family and friends in the San Antonio area.