

A STAR Health Guide: Transitioning Youth and Former Foster Care Members



Superior HealthPlan (Superior) wants to make sure that if you're aging out of foster care you can still get great healthcare. That's why STAR Health members will get the same benefits and services from Superior after turning 18. These services will continue until you are 21.

Eligibility

Just update your address by calling 2-1-1 or by visiting www.YourTexasBenefits.com. As long as you are between 18 and 21 and a Texas resident, your STAR Health benefits will continue.

Benefits and Services

Even though you are no longer in foster care, you will have the same benefits. The main difference is that you will be your own Medical Consenter. This means Superior will work with you to meet your healthcare needs instead of contacting a Caregiver or Caseworker. A list of benefits can be found in your member handbook or online at www.FosterCareTX.com.

The adolescent to Adult (a2A) Program

Now that you are 18, you can participate in the a2A program. This is an extra benefit called a value-added service. This program offers you rewards for taking control of your health. Members can earn up to \$160 a year. This includes:

- \$30 for each dental exam (up to two exams per year).
- \$25 for getting your annual Texas Health Steps checkup. An extra \$25 if completed within 30 days of your 18th birthday.
- \$20 for getting an annual flu shot.
- \$20 for getting an annual well-woman checkup (females only).
- \$10 for completing a general health screening within 30 days of your 18th birthday.

Financial Help

You can now get help with tuition and fee waivers. This means you will not have to pay tuition and fees at a Texas state supported school or college! Call 2-1-1 to request an application or visit www.TexasYouthConnection.org. Other great resources for financial help are:

- Preparation for Adult Living (PAL): A program that helps you build skills needed for adult life after foster care. Go to www.TexasYouthConnection.org for more information.
- Education and Training Voucher (ETV): A program to help youth ages 16 through 23 with books and other expenses while in college or a work training program. Call 1-877-268-4063 or visit www.TexasETV.com.

Helpful Websites

www.TexasYouthConnection.org

Contains information for youth transitioning out of foster care.

www.THN.org

The Texas Homeless Network (THN) provides support and education.

www.FosterCareAlumni.org

Helps connect the alumni community and provides support.

www.TexasFosterYouth.org

Helps current and former foster youth understand their legal rights.

www.CaseyLifeSkills.org

Assists youth in foster care improve skills and strengths.

www.JobCorps.gov

A free education program to help young people find a keep a good job.

For more information about the STAR Health program, call 1-866-912-6283 or visit www.FosterCareTX.com. You can also call the STAR Health nurse advice line 24 hours a day, 7 days a week at 1-866-912-6283 to get answers to your health questions. For questions about Medicaid eligibility or status, call 2-1-1. TTY users can call 1-800-735-2989.

Helpful Phone Numbers

24-hour nurse advice line	1-866-912-6283
Dental services	1-888-308-4766
Vision services	1-866-642-8959
Medical transportation	1-877-633-8747
Prescription questions	1-866-912-6283
Behavioral health	1-866-912-6283
Texas Youth hotline	1-888-580-4357
Texas Runaway hotline	1-888-580-4357