Texas Health Steps

NAME:	MEDICAID ID:		
DOB:	PRIMARY CARE GIVER:		
GENDER: MALE FEMALE	PHONE:		
DATE OF SERVICE:	INFORMANT:		
HISTORY	UNCLOTHED PHYSICAL EXAM		
See new patient history form	See growth graph		
INTERVAL HISTORY:	Weight:(%) Length:(%)		
NKDA Allergies:	Head Circumference: (%) Heart Rate: Respiratory Rate:		
Current Medications:	Temperature (optional): Normal (Mark here if all items are WNL)		
Visits to other health-care providers, facilities:	Abnormal (Mark all that apply and describe): Appearance Mouth/throat Genitalia Head/fontanels Teeth Extremities		
Parental concerns/changes/stressors in family or home:	Head/fontanels Teeth Extremities Skin Neck Back Eyes Heart/pulses Musculoskeletal		
Psychosocial/Behavioral Health Issues: Y N Findings:	Ears Lungs Hips Nose Abdomen Neurological Abnormal findings:		
TB questionnaire, risk identified: Y N *Tuberculin Skin Test if indicated TST (See back for form)	, and man age		
 DEVELOPMENTAL SURVEILLANCE: Gross and fine motor development Communication skills/language development Self-help/care skills Social, emotional development Cognitive development Mental health 	Subjective Vision Screening: P F Subjective Hearing Screening: P F		
NUTRITION*: Breastmilk	HEALTH EDUCATION/ANTICIPATORY GUIDANCE (See back for useful topics)		
Min per feeding: Number of feedings in last 24 hrs: Formula (type) Oz per feeding: Number of feedings in last 24 hrs: Water source: fluoride: Y N Solids	Selected health topics addressed in any of the following areas*: • Family Interactions • Setting Routines • Development/Behaviors		
*See Bright Futures Nutrition Book if needed	*See Bright Futures for assistance		
IMMUNIZATIONS	ASSESSMENT		
Up-to-date Deferred - Reason:			
Given today: DTaP Hep A Hep B Hib IPV MMR PCV Meningococcal* Varicella MMRV Hib-Hep B DTaP-IPV-Hep B DTaP-IPV/Hib Influenza			
*Special populations: See ACIP	PLAN/REFERRALS		
LABORATORY	Dental Referral: Y		
Tests ordered today: Hgb/Hct: Y N Blood lead test: Y N Other:	Other Referral(s)		
	Return to office:		

Signature/title

Signature/title



Name: Medicaid ID:

Typical Developmentally Appropriate Health Education Topics

12 Month Checkup

- · Begin weaning from bottle/breast to cup
- Discipline constructively using time-out for 1 minute/ year of age
- Encourage supervised outdoor play
- Establish consistent limits/rules and consistent consequences
- · Limit TV time to 1-2 hours/day
- Praise good behavior
- Promote language using simple words
- Provide age-appropriate toys
- · Provide favorite toy for self-soothing during sleep time
- Read books and talk about pictures/story using simple words
- Use distraction or choice of 2 appropriate options to avoid/resolve conflicts
- · Make 1:1 time for each child in family

- No bottle in bed
- Provide nutritious 3 meals and 2 snacks; limit sweets/ high-fat foods
- Empty all buckets containing water
- Home safety for fire/carbon monoxide poisoning, stair/window gates, electrical outlet covers, cleaning supplies, and medicines out of reach
- · Lock up guns
- Provide safe/quality day care, if needed
- Supervise within arm's length when near water/do not leave alone in bath water
- Use of front-facing car seat in back seat of car if >20 pounds
- · Establish consistent bedtime routine
- Establish routine and assist with tooth brushing with soft brush twice a day
- · Maintain consistent family routine
- · Provide nap time daily

			Do not		
TB QUESTIONNAIRE	Place a mark in the appropriate box:	Yes	know	No	

Has your child been tested for TB?

If yes, when (date)

Has your child ever had a positive Tuberculin Skin Test?

If yes, when (date)

TB can cause fever that lasts for days or weeks, unexplained weight loss, a bad cough (lasting over two weeks), or coughing up blood. As far as you know:

has your child been around anyone with any of these symptoms or problems?

has your child been around anyone sick with TB?

has your child had any of these symptoms or problems?

Was your child born in Mexico or any other country in Latin America, the Caribbean, Africa, Eastern Europe, or Asia?

Has your child traveled in the past year to Mexico or any other country in Latin America, the Caribbean, Africa, Eastern Europe, or Asia for longer than 3 weeks?

If so, specify which country/countries?

To your knowledge, has your child spent time (longer than 3 weeks) with anyone who is/has been an intravenous (IV) drug user, HIV-infected, in jail or prison, or has recently come to the United States from another country?

HEARING CHECKLIST FOR PARENTS (OPTIONAL)

Yes No

Points to or looks at familiar objects or people when asked to

Looks sad when scolded

Follows directions ("Open your mouth," "Give me the ball")

Dances and makes sounds to music Uses jargon (appears to be talking)

Uses consonant sounds like b, d, g, m, and n when talking

Jabbers in response to a human voice, changes loudness of voice, and uses

rhythm and tone

EARLY CHILDHOOD INTERVENTION (ECI)

The ECI referral form is available at:

http://txpeds.org/sites/txpeds.org/files/documents/ECI-Referral-Form.pdf



Ages

9 to 12 months

ECHR-12M 11/2013